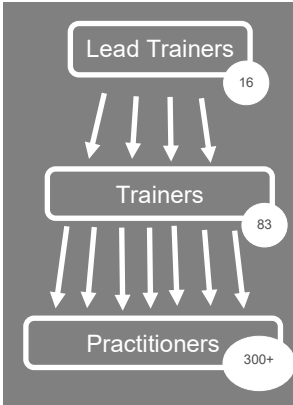


# Wise Master Builders (WMB) Nursery, Manchester

*PD Train the Trainer has influenced physical development practice within a PVI setting in Manchester.*



## Overview

Improving PD outcomes is a key priority in the Greater Manchester (GM) School Readiness programme.

PD Train the Trainer was developed in Stockport, to upskill Early Years practitioners with a better overall understanding of PD, why interventions are in place, provide a consistent message and identify how they can support at the earliest opportunity to reduce delayed development and referrals to specialist teams.

The training is delivered in a cascade model to reach as many people as possible and has been rolled out in Stockport, Manchester and Salford. Currently there are 16 Lead Trainers, 83 Trainers and over 300 practitioners trained.

## Approach

Gill Blackwell, Early Years Quality Assurance Manager (Manchester City Council) led the involvement of colleagues in Manchester to become involved within the programme. Initially inviting a group of 4 health leads including a Health Visitor, Occupational Therapist, Physiotherapist and an outreach worker to attend the Lead Trainer Training in September 2023. Following on from this Gill then facilitated the training to be delivered by the health leads, to a group of 30 cross sector professionals working within the Early Years, who consisted of Children's Centre Managers, Nursery Managers, Headteachers, College Tutors.

## Embracing the training

Folake Omole, Director of Operations, and Claudia Adamache, Area Coach of WMB both attended the training and **delivered the training** to their staff in February 2024. The training spanned the entire day and was attended by up to **80 employees**.

**"The feedback we received from the participants was overwhelmingly positive, and it is evident that the training has left a lasting impact"**



## Impact

The Physical Development training has **greatly enhanced staff knowledge**, enabling them to confidently apply concepts like "proprioception" and "body awareness." This was evident during a meeting with an educational psychologist observing a child with SEND, where staff effectively used these terms. When asked about the source of their knowledge, we credited the training.

Additionally, a blog by Folake Omole has extended this impact to parents. The blog, offering practical guidance on balancing screen time with physical play and creating stimulating environments, has been well received. **Parents reported that it helped them better understand milestones like crawling and support their children's holistic development.**

For more information, visit: [A Crucial Foundation of Your Child's Physical Development](#)

## Next Steps

WMB Childcare has **created an action plan to apply the concepts from the Physical Development training**, with the understanding that transition milestones to school begin in the baby room and are supported as children move through the nursery. The action plan includes adding more tummy time to our baby routine, supporting crawling at different stages, and incorporating more obstacle courses during outdoor play.