

How to use Bee Smart online safety resources



The resources address key aspects of online safety with the intention of providing care leavers (18-25) with the skills and knowledge that they need to manage risks and be safe and confident online.

What topics are covered?

- Cyberbullying and Trolling
- Hate Speech
- Disinformation and Misinformation
- Financial harms and scams

These topics were chosen based on insights gained from talking to Personal Advisors and other care leavers, to understand what would be most impactful in supporting care leavers.

What you will find inside each topic pack

Each topic pack features the following resources:

- **Overview** - A starter/ice-breaker
- **Discussion** - A case study or scenario to help set the scene and promote discussion
- **Take-Away** - A take-away section which provides an overview of the issue/topic and some key actions that participants can take to deal with the issue
- **Explore** - A list of links to other websites and useful resources which will provide more information
- **Interact** - A short quiz to recap on some of the knowledge and information gained.



A note on safeguarding & disclosure

It is important to acknowledge at the outset that there could be issues discussed which some participants might find difficult, particularly if they have had personal experiences that have affected them in some way.

To provide information about what they can do if they need additional support or give them advise on what steps to take, [please read the Safeguarding Policy guidance.](#)

How to set up a session

Each section has a suggested time next to it – but these are only suggestions and will vary from group to group depending on the situation so please feel free to adapt to suit your group.

Starter / icebreaker (5-10m)

This contains 3 quick questions to get participants thinking about the issue. Each question should help to stimulate some discussion/debate and you can ask some follow up questions in order to get everyone involved. For example:

- Were you surprised by the findings/statistics etc?
- Have you come across any of these issues before? Do you know anyone who has had experience of these issues?

Scenario / case-study (15m)

Give participants a copy of the case study – or display this if possible – or read it out.

Each scenario has a number of questions asking participants to express their thoughts and opinions about what needs to happen to resolve the situation. There are five possible actions to take and each one has a corresponding possible consequence – i.e., what could happen if someone follows this course of action. See example:

Actions to take

What should Sofia do?

1. Steer well clear – if something looks too good to be true then it probably is. **(Positive)**
2. Check with the supermarket website – if it is a genuine promotion then it should be highlighted there (or on their official social media channels). **(Positive)**
3. Get in touch with her friends to see if they really did get a voucher and if they knew they had shared the post. **(Positive)**
4. Go for it – there's nothing to lose provided that she doesn't part with any money. **(Negative)**

Every action is labelled as either a positive or negative solution and the consequences explain why this is the case.

There are also some additional questions which could be used and some suggested answers.

Finally, there is a brief summary highlight which is intended to provide a very brief overview of the issue and the best way to respond to it.

Tips to help tackle the issue (10m)

Each topic has a list of pro-active things that people can do to try and prevent problems occurring in the first place as well as actions they can take if something has gone wrong. These are split into 3 areas:



- **Prevent** – things that a user can do proactively to minimise the risks of something going wrong.



- **Protect** – things that a user can do if something has happened to reduce the likelihood of the same thing happening again – these are usually tips around what they can do to their account, privacy settings etc. You will also find links which will point to how to address issues on a range of different platforms.



- **Resolve** – this is how to take action when something has happened – how do you report, how do you block a user – how to get content removed or taken down.

You could ask participants for their suggestions before sharing these – what do they think should/could be done?

Explore

This section contains links to other useful resources and information that will provide more background and more detail on the issue being discussed. If you have any outstanding questions after reading the scenario and other information, then these links should provide the answers.

Interact (5m)

This is a short quiz designed to pull the learning together from the activity. This could be done as a kahoot (online quiz) or simply read out to the group depending on the situation.

What to include depending on time available

We would recommend focusing on one topic per session. If you would like to cover more than one, we would advise you to use the scenarios featured in the topics to help participants to learn about the topics through discussions.

Here are examples of what you can do:

I only have 15 minutes

- Use the ice breaker to introduce the topic
- Incorporate the discussion scenario to help participants learn through group participation
- If you have time, touch on a couple of points in the Explore sections to give people advice on where to go for more information and support on the topic

I only have 30 minutes

- Start with the ice breaker
- Use the scenario to talk about the topic
- Add in the take-aways for practical steps
- End with the 'Explore' section to direct participants to further support

I only have 45 minutes

- Start with the ice breaker
- Use the scenario to talk about the topic (you can incorporate more than one here if you would like to cover more than one topic and end here)
- If you are only doing one topic, continue to cover 'Take-Aways' for that topic
- Test participants' understanding with an interactive quiz
- If you have time, use the Explore section to direct participants to more resources

