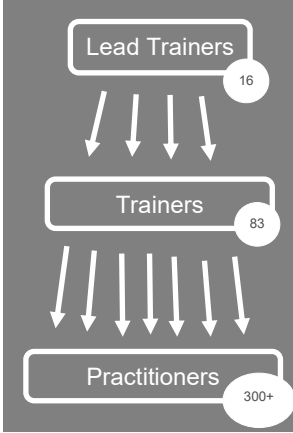


Physical Development (PD) Train the Trainer: Case Study

PD Train the Trainer has influenced physical development practice within primary schools across Stockport.



Overview

Improving PD outcomes is a key priority in the Greater Manchester (GM) School Readiness programme.

PD Train the Trainer was developed in Stockport, to upskill Early Years practitioners with a better overall understanding of PD, why interventions are in place, provide a consistent message and identify how they can support at the earliest opportunity to reduce delayed development and referrals to specialist teams.

The training is delivered in a cascade model to reach as many people as possible and has been rolled out in Stockport, Manchester and Salford. Currently there are 16 Lead Trainers, 83 Trainers and over 300 practitioners trained.

Stockport

Jude Riddings, Stockport SHAPES Alliance Development Manager and PE Specialist Sophie Bratherton, attended the training, to become a trainer in July 2023. Stockport SHAPES Alliance offers support to all schools across Stockport to further develop and maintain high quality PE.

The training is focussed on school readiness but SHAPES work with primary school staff, so the children are already starting school when they are able to reach them. It was important to re-think their approach to make it more about how schools identify children who are not school ready and what they can do to help them within school and how to bridge any gaps between school and home. We felt we needed to start from the end of the training and work backwards to devise our own training to incorporate where children were coming from and make it relevant to a school

“It was good to attend the training with a mixture of deliverers from different sectors/ settings within early years education to discuss practice and experiences and link it to where we start”

Jude Riddings

Piloting the approach

Lois Hannah a teacher at Vernon Park Primary School also attended the training and was keen to work with Jude and Sophie, to trial the training in her school, delivered to the whole staff team. This received really positive feedback, which prompted SHAPES to offer the training to other schools.

“We’ve moved the layout of the room around a bit. I think it’s changed my perspective, it needs to be a bit more flexible. The children are probably more willing to do certain things that they wouldn’t usually do, because they’re in an environment that they can be themselves and are able to move about”

Delivered to:

8 Primary Schools

84 Staff Members

Impact

The training has been thought provoking and has given the chance for staff to really think about, discuss and consider their practice and where they are recognising traits of school unreadiness even late into KS2. It has made them think about space within their classrooms as well as furniture and how to make the environment more accessible to learning for a number of targeted children. It has also enabled them to think about the opportunities they give to their pupils around physical development and physical activity. Some schools have created separate parent workshops as well as incorporating some of the learning into the introduction to school parent sessions they already deliver.

“We used the information for new parents in EYFS starting in September”

Future Plans

The training will be continued to be offered to more schools next academic year as well as look at piloting an early years fundamental movement festival with schools in Marple who requested this as a result of the training. If this is successful we will roll this out across the Borough as well.

